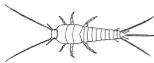


NATURAL BUG REPELLENTS

CHEAT SHEET

INSECT	REPELLENT
 <p>House Centipede</p>	<p>Diffuse basil, peppermint, eucalyptus, lemongrass, or lavender essential oils, or place these fragrant herbs in muslin sacks or tea bags & hang them around the house.</p>
 <p>Fruit Fly</p>	<p>Use a dropper & apply peppermint or eucalyptus essential oil directly to cracks in floorboards & around windows. Sprinkle cayenne pepper along exterior window ledges & perimeter of the house.</p>
 <p>Ant</p>	<p>Spray 50/50 solution of vinegar & water in around your windowsills, & doorways. Lightly sprinkle food-grade diatomaceous earth on windowsills, under the fridge, under cabinets, & anywhere else you see ants. Plant mint around your home.</p>
 <p>Silverfish</p>	<p>Spread dried bay leaves throughout your house. Spray solution of 2 cups of water & 20 drop lavender EO around your house. Spray mixture of 1 cup of water & Japanese Cedarwood oil & spray around problem areas.</p>
 <p>House Spider</p>	<p>Spray mixture of 1 cup of water & peppermint EO & spray around problem areas. Place hedge apples around the perimeter of your home. Apply cinnamon oil around problem areas.</p>
 <p>Earwig</p>	<p>Mix dish soap & water to spray down problem areas. Sprinkle Boric acid powder in areas unreachable by small children & pets.</p>

